

All About Fitness Sauna & Float Tank Liability Waiver

Name: _____ Phone: _____ Email: _____

Facilities: Amenities provided include: towel, washcloth, ear plugs, shampoo/body wash, and shower. It is up to each individual to take caution to prevent slipping or falling as the floor may be wet. The float/sauna room and float tank are cleaned between each session.

Float Tank Cleaning: The float tank is cleaned between each session. The entire solution is fully circulated through a filtration system three times between each float. This filtration system includes a strainer basket, cartridge filter and a UV filter. Additionally, a hydrogen peroxide (H₂O₂) concentration of 50 ppm is maintained as a disinfectant.

Cancellation Policy: Sessions must be cancelled a minimum of 24 hours in advance. Late cancellations may be subject to being billed 50-100% of the original fee.

I agree to NOT use the float tank if:

- I have not showered thoroughly and still have oils, creams, or makeup on my body.
- I have had any type of hair color/treatment within the past two weeks.
- I am under the influence of alcohol or drugs.
- I have communicable or infectious skin condition, disorder, or disease; or open sores.
- I am diabetic, unless my diabetes is under medical control.
- I have a history of heart trouble, epilepsy, seizures or blackouts, and have not received my doctor's permission to use a float tank.
- I am experiencing a heavy menstrual period or external vaginal episode.
- I have a condition which may be adversely affected by cutaneous absorption of magnesium.
- I have kidney disease.
- I have incontinence, or involuntary release of bodily fluids of any kind.

I understand that the float tank solution is *not* discarded between floats, but is filtered, disinfected and recycled; the tank is inspected between each float; and that violation of **any** of these rules that results in contamination of the float tank solution may result in a cleaning or salt replacement fee of \$200-\$1500.

Initials: _____

Liability Release: I am choosing to use the float tank and/or sauna of my own free will and will not hold the owner/operator or All About Fitness liable for any injury during a session or while on the premises. All About Fitness reserves the right to deny services to anyone.

I have read, understand and agree to all of the terms and policies listed above. This signed document represents an agreement between us, which you may revoke in writing at any time.

Signature: _____ Date: _____

Signature of Parent/Legal Guardian, if under 18: _____